

## SOLEMNITY OF OUR LORD JESUS CHRIST KING OF THE UNIVERSE | NOVEMBER 24, 2024

**IT'S A MORE MINIMAL BULLETIN AGAIN** and as concerns the editorializing of the editor, nothing of value is lost! Mayhaps this will be the norm going forward! Doubtful: anticipate things filling up once again, in time!

**EUCCHARISTIC MIRACLES EXHIBITION IS AT ST. MARK'S!** From Nov 19-27, the travelling Eucharistic Miracle exhibit based on the website created by Blessed Carlo Acutis IS on display at our parish! Come have your faith in the Real Presence affirmed and strengthened as we contemplate the many miraculous ways Our Lord has reminded His Church of the truth that we profess through the centuries and around the world. Exhibit IS located in the lower level of the school building, beginning in Carolyn Hall and running all the way down to the cafeteria. Open access times over the next couple days: after the Eucharistic Procession, and 10:30 - 11:00 AM Monday and Tuesday. (You're welcome to stay for longer, but that's when the doors will be open for entry!) For group access or alternative arrangements), please contact [gbrennan@onestrongfamily.org](mailto:gbrennan@onestrongfamily.org)

**SPREAD THE WORD ABOUT OUR PRESCHOOL:** we've got one of the most accommodating programs around! Inquire with the director and know that your child is in a truly Catholic program! Also, staff is *still* needed for the preschool from 8:00 AM - 2:00 PM on Tuesdays and 10:00 - 2:00 PM on Thursdays!

**THE ANNUAL CCW CHRISTMAS BOUTIQUE** approaches swiftly! Saturday, December 7 from 9:00 AM - 5:00 PM, and on Sunday, December 8 from 10:00 AM - 1:00 PM! Donated Christmas tins can be dropped off in the Parish Center starting now. Deadline is Thursday, December 5. These tins are used to package the Christmas cookies on Friday, December 6. Donated Christmas cookies can be dropped off in the Carolyn Hall kitchen on Friday, December 6, from 9:00 AM to 10:00 AM. If you can not make it by 10:00 AM, we will welcome cookies later, but please try to drop off by 1:00 PM. Sign up for volunteering at [stmark.xyz/boutique](http://stmark.xyz/boutique) and/or contact Carolyn Enestvedt ([carolyn.mt2237@gmail.com](mailto:carolyn.mt2237@gmail.com)) for questions/details/etc

**ADVENT STARTS NEXT WEEKEND, AND** the first Sunday is the 1<sup>st</sup> of December! Look for the Advent Giving Tree to take its place in the church's vestibule at that time! (Bonus: Advent Calendars will perfectly line up with the season this year!) Take an ornament with a gift idea, obtain said gift, wrap and return with ornament attached by December 17<sup>th</sup>!

**THE CATHOLIC ADVANCE MEN'S RETREAT IS** on the horizon! Don't know what the Catholic Advance is (or not a member)? Doesn't matter: if you're a man, you're strongly encouraged to come, Dec. 6-8! Our PES priests lead the retreat, at Dunrovin! Cost is \$250-\$300 (you're welcome to pay more, but the hope is it's on the lower end of the spectrum, depending upon number of attendees). For questions, email [mensretreats@thecatholicadvance.org](mailto:mensretreats@thecatholicadvance.org). Financial assistance may be available; inquire within the registration form. Register via the QR code to the right.



**EVERYONE LOVES A BURR BURNING PARTY!** All the better when burrs are burned together! (*What's a burr?*) And you, dear YA (ages 18-35) reader, can come out for a little service project and general good time, December 14<sup>th</sup>, from 10 AM - 12 PM! In compensation for the labor, a donation is being made to impoverished children in Peruvian mountain villages! And the event is sure to be a stellar photo opportunity! **RSVP at [stmark.xyz/burr](http://stmark.xyz/burr)**

## UPCOMING EVENTS

**THU-FRI** *Thanksgiving Break* | Masses at 9:00 AM | Church; Parish Offices Closed  
**28-29** And to whom do we give thanks?! Why, the Lord, especially/primarily this day, so, if you're in town, bring the family to Mass at 9:00 AM. (Mass on Friday also at 9:00 AM.) But, sadly you can't include a drop in to the parish center for your Thanksgiving/Black Friday festivities: that will be closed.  
**NOV**

But wait, there's more. Find the Parish calendar on our website: [onestrongfamily.org/events](http://onestrongfamily.org/events).

## From the Heart of the Shepherd



Fr. David Hottinger PES, Pastor

### Parish School of Prayer, Pt 12: The Liturgy of the Hours



Structure helps. Parameters guide. Unbounded horizons, in contrast, make us wonder where we ought to go. This is true for essays, homilies, and bulletin articles. The hardest to produce are those whose content or at least topic is not already dictated by the prompt, the readings, or the occasion.

I suspect many have experienced the same in prayer? It's a beautiful thought to say "No agenda this time, I will just place myself in the presence of the Lord and let prayer flow from out my aching heart. Tongue as nimble as the pen of a scribe, and all that!"

Well, sometimes the tongue is not so nimble, nor the heart so disposed to prayer. Or, our prayer is like a vine creeping across the yard, going every which way, getting nowhere, never getting off the ground. But give that prayer a structure, provide that yard with a trellis, and beautiful things result.

By means of the sacred liturgy, the Church provides her children with a structure for prayer. This is preeminently true of the Mass, as well as the sacraments, prayers which flow not so much from our hearts but from Christ's. But while perhaps we can't always engage the sacraments, we can access the official prayer of the Church anywhere and time through the Liturgy of the Hours (LOTH).

Since last year, a grassroots movement at the parish has been adorning the parish life of prayer with this fruitful vine. For about a month now, that vine has been intertwined with the life of our adoration chapel, as those who pray over the six o'clock evening hour or Saturday before 8am Mass have surely noticed.

There are many things that could be said about the LOTH. I simply want to encourage you all to give it a try. The "hours" (they typically take between five and fifteen minutes to recite) are composed primarily of scripture—chiefly the Psalms—and form that trellis of prayer that lifts our minds and hearts off the ground in a way we never could on our own. Unburdened from the heavy lifting, we are free to pour our souls into the petitions and praises that speak more truly than those we could craft ourselves, flowing as they do from the Word of God.

The benefits don't stop there. The LOTH leads one to "hit all the notes" of prayer (praise, petition, adoration, thanksgiving, complaining, trust, etc.); when alone, one can dilate the pace to allow for meditation and contemplation. Though the structure remains the same, each day the psalms, scriptures, and prayers are different, to keep the routine from becoming rote and the script from becoming stale. Best, it's the prayer of the Body said in union with Christ the Head and therefore has special efficacy and power.

You can come check out Vespers (Evening Prayer) prayed in our adoration chapel Tues-Thur at 6:30pm or Lauds (Morning Prayer) at 7:30am on Saturdays. There are a few breviaries available in the chapel bookshelf, or you smartphone users can also download the free iBreviary app and have full access to all of the hours every day. Imagine adorning your prayer routine with the Office of Readings, which contains a whole spiritual reading plan in the form of short but powerful selections from the Bible and the Fathers of the Church for every day of the year. Or imagine capping each day with Night Prayer recited with your spouse, household, or guardian angel. (On that note, not only does the LOTH facilitate prayer in common—since we can't very well pray spontaneously simultaneously without serious inspiration—it also allows us to unite in prayer with Christians all over the globe who are participating in the Hours).

I will cede the last paragraph on the subject to Pope John Paul II: "Through this prayer of Christ to which we give voice, our day is sanctified, our activities transformed, our actions made holy. We pray the same Psalms that Jesus prayed and come into personal contact with him—the person to whom all Scripture points, the goal to which all history is directed... As a community of prayer and praise, with the Liturgy of the Hours among the highest priorities of our day—each day—we can be sure that nothing will separate us from the love of God that is in Christ Jesus our Lord." (Address at St Patrick's Cathedral, October 3, 1979). Amen!

## MASS AND PRAYER INTENTIONS

Mass Intentions for week of NOVEMBER 24, 2024

### 7 AM

M: ---  
T: + Bill & Marie Middlecamp  
W: + Donald & Mary Koskey  
Th: ---  
F: ---  
S\*: + Mabel & Arthur Bowman (8 AM); + Holy Souls in Purgatory (5:00 PM)

### 10 AM

+ Louise Moore  
+ Jerome Kern (funeral)  
+ Ron E. Anderson  
(9 AM) Pro Ecclesia Sancta Community  
(9 AM) + Matthew Cummings

## BECOME CATHOLIC

Are you interested in learning more about becoming Catholic? Or do you know someone who is? Our Christian Initiation Ministry provides an introduction to Catholic faith and life for adults who are not baptized, baptized in another faith, or Catholics seeking to receive Eucharist or Confirmation. To find out more, contact [rcia@onestrongfamily.org](mailto:rcia@onestrongfamily.org). Or sign up at [stmark.xyz/cim](http://stmark.xyz/cim)

## FORMATION OPPORTUNITIES

FORMED has been back for awhile! Note we may eventually get around to cleaning up the back end, so if your old credentials don't get you in, it's "not you, it's us." To access content, visit [Formed.org](http://Formed.org) and click "Sign up as a parishioner" and find St. Mark's via our zip code: 55104

## WE ALSO USE EMAIL

THE BULLETIN IS ONE OF THE MAINSTAYS for Catholic parish communications, but, alas, it's still a limited medium! As such, we also have a weekly newsletter, which, in addition to helping remind you of goings-on, also features vanguard news from the parish, or items not featured in the bulletin! Subscribe to it!



## ST. MARK'S PRESCHOOL

ST. MARK'S PRESCHOOL offers full-day and half-day programs, up to five days a week. Enrollment for the current and upcoming school year is open now! Visit the preschool website, [onestrongfamily.org/preschool](http://onestrongfamily.org/preschool), or contact Addie Smith, our Preschool Director at:

[preschool@onestrongfamily.org](mailto:preschool@onestrongfamily.org)

## ADORATION



We are blessed to have Eucharistic Adoration available at our parish. However, help is needed to maintain it. Please prayerfully consider signing up for a weekly holy hour. We have a number of openings plus there are many hours that could use a prayer partner (currently only one Adorer committed):

Monday: 11pm  
Tuesday: Noon  
Wednesday: 2am  
Thursday: 9am  
Friday: Noon, 6pm, and 7pm  
Saturday: 5am



Create an account at [stmark.weadorehim.com](http://stmark.weadorehim.com) or Email [adoration@onestrongfamily.org](mailto:adoration@onestrongfamily.org)

## SUPPORT ST. MARK'S

Thank you for your generosity! To donate, visit [onestrongfamily.org/give-help](http://onestrongfamily.org/give-help). For questions, contact [parishcenter@onestrongfamily.org](mailto:parishcenter@onestrongfamily.org)



## The Church of St. Mark

Our mission is to live  
and share Christ's call to holiness.  
Learn more: [onestrongfamily.org/mission](http://onestrongfamily.org/mission)

Know someone in need of prayers? Email your request to [prayers@onestrongfamily.org](mailto:prayers@onestrongfamily.org) and we'll be sure to pray for you!

## STAFF

### Clergy:

Fr. David Hottinger, PES.....Pastor  
frdavid@onestrongfamily.org

Fr. Patrick Evans, PES.....Associate Pastor  
frpatrick@onestrongfamily.org

Fr. Humberto Palomino, PES..... Associate Pastor  
frhumberto@onestrongfamily.org

### Parish Staff:

Randy Lehnen..... Parish Business Manager  
Br. José Ignacio Rodriguez.....Master of Ceremonies  
Br. Evan Steeves.....Ignite Youth Ministry  
Sr. Julieta Del Carpio, PES.....Faith Formation  
& Ignite Youth Ministry  
Larry Leif.....Head of Maintenance  
Kristen Grant.....Director of Discipleship  
Kathrine Handford.....Director of Music and Organist  
Audrey Koval.....Pastoral Associate  
Gina Brennan.....Administrative Assistant  
Kevin Gearns.....Director of Communications

### Parish Contact

2001 Dayton Ave, St. Paul, MN 55104  
Phone.....(651) 645-5717  
Fax .....(651) 644-0011  
Pastoral emergency line.....(651) 354-9411  
parishcenter@onestrongfamily.org

### Summer Parish Center Hours

Monday - Thursday: 9:00 AM - 3:00 PM

**Parish Trustees:** Kip Chaffee, Andrew Nowak

**Parish Pastoral Council:** Michael Duchesne, Chair

**Parish Finance Committee:** John Wehrly, Chair

### Saint Mark's Catholic Preschool

Addie Smith, Director  
651-644-5030  
preschool@onestrongfamily.org

## CELEBRATIONS

### Mass:

Saturday Evening Mass: 5 PM  
Sunday Mass: 9 AM and 11 AM

### Daily Mass:

Monday-Friday: 10 AM  
Tuesday-Friday: 7 AM  
Saturday: 8 AM

### Confession:

Tuesday-Friday 9:30 AM; Saturday: 3:30-4:30 PM;  
Sunday: 8:30-9 AM, 10:30-11 AM

**Rosary:** The Rosary is prayed after all daily Masses.

## SACRAMENTS

Detailed information about Sacraments and Sacramental preparation can be found at [onestrongfamily.org/sacraments](http://onestrongfamily.org/sacraments) or by contacting the Parish Center.

**BAPTISMS** are celebrated on Saturdays between 9:00 AM - 12:00 PM (exceptions for holidays or major parish events). You must register for Baptism at least one month before your desired date. If this is your first child being baptized in the Catholic Church a Baptism preparation class is needed at least two months before the Baptism takes place.

**SACRAMENTAL MARRIAGE** preparation must begin at least six months prior to your wedding date. Weddings are most often celebrated on Saturdays at 2 PM.

**IF YOU KNOW OF A CATHOLIC WHO IS HOMEBOUND** and would like to receive weekly Communion or have their confession heard, please contact the Parish Center to learn more about our Homebound Ministry.

**RECEIVING THE EUCHARIST:** All are welcome to join us in worship at the Church of Saint Mark. Nevertheless, because the Holy Eucharist is the real Body and Blood of Jesus Christ, the reception of Holy Communion is reserved to those Catholics who are in full moral and doctrinal communion with the Catholic Church, are not conscious of any grave unconfessed sin, and who have kept the Eucharistic fast of one hour.

## PRO ECCLESIA SANCTA



The Church of Saint Mark is served by the priests, brothers, and sisters of Pro Ecclesia Sancta, which is an institute of consecrated life founded in Lima, Peru in 1992, whose members dedicate themselves to living and promoting the universal call to holiness in the Church. Their motto is *ad maximam trinitatis gloriam*. Everything “for the greatest glory of the Holy Trinity.”

## CONNECT



/ChurchofSaintMark



@churchofsaintmark