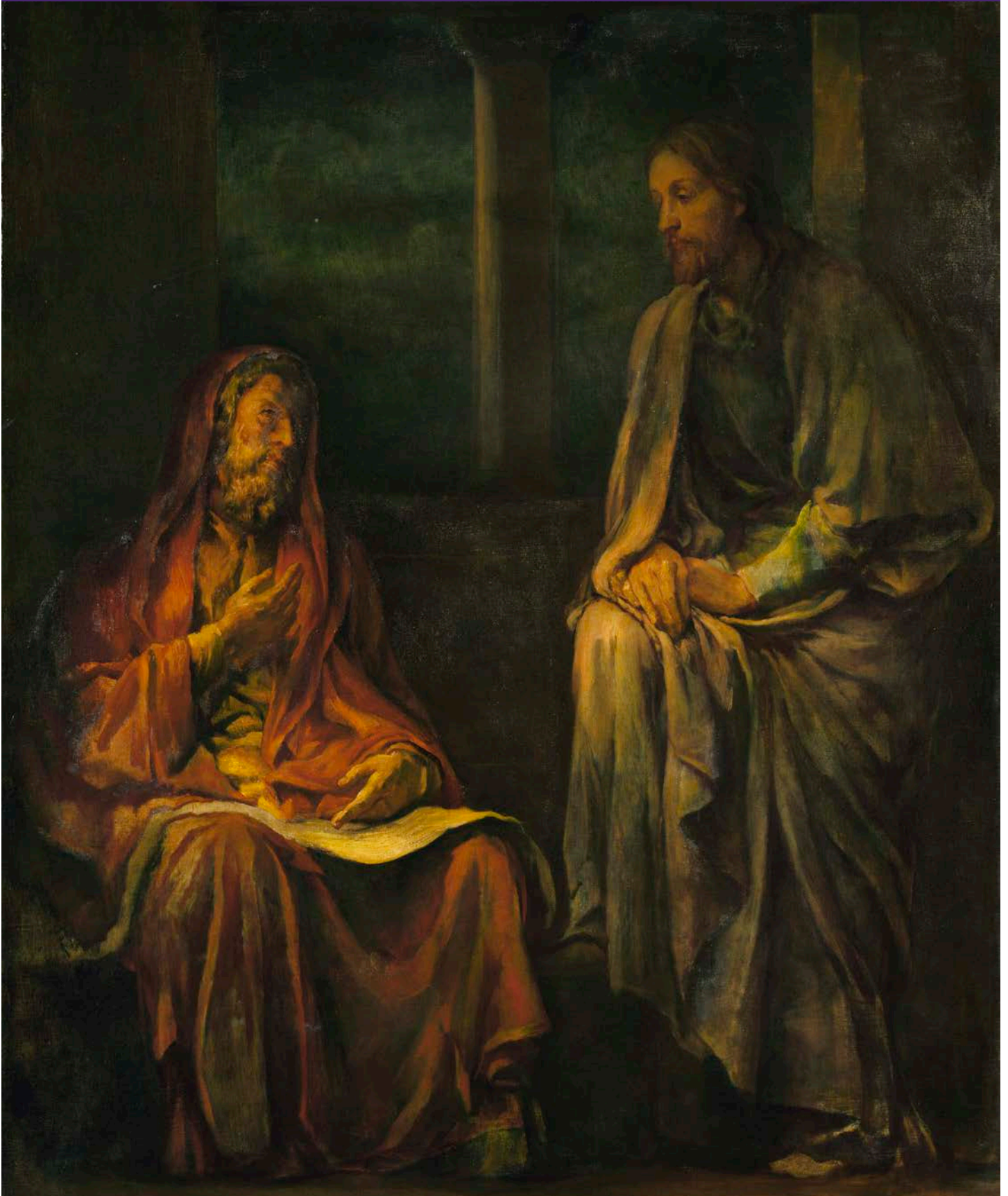


FOURTH SUNDAY IN LENT | MARCH 10, 2024



THE CHURCH OF SAINT MARK | [www.onestrongfamily.org](http://www.onestrongfamily.org)

## ANNOUNCEMENTS

**BITTERSWEET NEWS, FRIENDS:** the last Friday Soup Supper Speaker Series and Stations is upon us (Mar. 15). Get your fix of community, devotion, and spoon-able dinner in now before Lent 2025 (if the Lord tarries!). Info, and recordings of previous speakers, are available at [stmark.xyz/souper](http://stmark.xyz/souper)

**AFTER THE PENANCE SERVICE (MAR. 21) AND THE FISH FRY (MAR. 22) COMES THE ARCHDIOCESAN'S MEN'S CONFERENCE (MAR. 23)** in Rosemount! In addition to our bishops, other luminaries joining the event are Deacon Harold Burke-Sievers and Jeff Cavins! **Register at [archspm.org/men-of-christ-retreat/](http://archspm.org/men-of-christ-retreat/)**

**KATHY HANDFORD WILL OPEN THE FINAL CONCERT** during the Bach Celebration at House of Hope Presbyterian Church on Summit Avenue, next Saturday, March 16<sup>th</sup> at 4 pm. The concert is free. All are welcome.

**UPDATES ON THE WALL RESTORATION PROJECT!:** everything is proceeding apace! At least as concerns the western wall portion, demolition and plastering are done and next up is painting! Exciting!

**WE'RE CASTING OUR GAZE A BIT FAR AHEAD FOR THIS ONE,** and more comms will follow closer to event time, but just to put it on your radar: April 30 - May 4 we will have photos taken for our new parishioner directory (exciting!)! Photos will be by appointment, so try to be around and snag a good time!

**A SUICIDE IS A GRIEVOUS AND MOST LAMENTABLE THING** and sadly there is a big push within the state legislature to [falsely] assuage the consciences of the very spiritually vulnerable, encouraging them to kill themselves (and in an insidiously dangerous fashion), by legalizing physician assisted suicide within the state. This is an abomination and, if it passes, expect worse things yet to follow! **Catholics are asked to take action to resist this as much as they can! To learn more and take action, visit [stmark.xyz/pas](http://stmark.xyz/pas)**

**THE EDITOR DOESN'T WANT TO STEAL THE PASTOR'S THUNDER,** so make sure you read his column on the next page **before returning to the rest of this announcement.** ... Alright, assuming you did that, the editor adds that fasting, prayers, cold showers, drinking green tea instead of coffee, going without salt or sugar, and other such sacrifices for the success of all our parish outreach efforts are most welcome! **Even more welcome is inviting your own neighbors to the parish!** Also most welcome are parties who want to do extra greeting service, so if you're especially gifted in this arena, let us know if you could serve as a greeter at [stmark.xyz/greet](http://stmark.xyz/greet)

## UPCOMING EVENTS

<b>THU 14 MAR</b>	<i>Dinner with Author Nancy Carlson   5:30 PM   Carolyn Hall</i> By invite of the preschool, popular children's author Nancy Carlson will join Saint Mark's community on Thursday, March 14 <sup>th</sup> <b>for a pizza dinner</b> at 5:30 PM and a presentation at 6:30 PM! All are invited to attend! Bring books to be signed! Contact Amie Iwaszkowiec, preschool director, if your family is going to attend! Amie can be reached at <a href="mailto:aiwaszkowiec@onestrongfamily.org">aiwaszkowiec@onestrongfamily.org</a>
<b>FRI 15 MAR</b>	<i>Soup Supper Speaker Series &amp; Stations of the Cross   5:30 PM - 8:00 PM   Carolyn Hall, Church</i> Contemplate — and let your heart be conformed to — the Heart of the Savior at this year's Soup Supper Speaker Series! It's a pillar of our Lenten community gatherings: the Soup Supper Speaker Series (with Stations of the Cross to follow)! This year's theme is "Blessed are the Merciful: Conforming our Hearts to the Heart of the Savior." <b>For the FINAL night, Dr. Colin Miller, will be presenting on "Mercy in the New Testament"!</b> Join us for supper at 5:30 PM, the talk at 6:00 PM, and Stations at 7:00 PM!

But wait, there's more. Find the Parish calendar on our website: [onestrongfamily.org/events](http://onestrongfamily.org/events).



## From the Heart of the Shepherd

Fr. David Hottinger PES, Pastor

### Fourth Sunday of Lent



At next Sunday's scrutiny Mass, we will hear another long and beautiful reading from the Gospel of St. John: the raising of Lazarus (John 10).

For the catechumens of the Church, the reading is yet another image of what will happen to them at their

baptism: they who are "asleep" in the death of sin will be raised, at the Word of the Lord, back to life, and called out of the tomb of their life without Christ into His marvelous light.

Here at St. Mark's, we can also see this episode as an icon of what the Lord wants to do in the lives of our many neighbors who (to all appearances) live in a tomb of spiritual death.

We've been saying in recent months that fulfilling our mission to live and share Christ's call to holiness will result in a parish of saints who are evangelizing Merriam Park and beyond. Fulfilling that vision begins with baby steps. Big as these might seem, for those used to crawling! We hope that with time our small group structures will become landing pads for the unchurched. First, however, these communities of the already-faithful need to coalesce and garner the long-term commitment of their members. We hope, too, that we can build into our parish calendar events that will attract our neighbors who might not be attracted to a beautiful Sunday worship service (yet!), as the Rummage Sales and Fish Fry have the power to do. But given that our relatively small (but growing) parishioner base is in many ways already maxed out (with family and professional duties, robust prayer lives, small groups, rummage sales, festivals, and fish fries!), I'm not eager to laden our parish events calendar with more offerings.

So: baby steps! One of those baby steps is rather exciting, and it is happening this week. We are sending a mailing to all the households in the 55104 zip code, the very souls to whom we as a parish are responsible for bringing the Good News of Jesus Christ. The (large) post card serves to remind our neighbors that St. Mark's is the Catholic Church in Merriam Park and that they are welcome to it. Specifically, it will invite them to "pray with us" at the upcoming Penance Service, Stations of the Cross, Fish Fry (the meal prayer!),

and Easter liturgies. And if coming in person is too much to ask, the card will also provide links for submitting prayer intentions and to request a home visit.

Like Jesus calling Lazarus out of the tomb, this small but important gesture (God willing!) has the power to call our neighbors out of the darkness of their unblessed homes, rouse them from the sleep of spiritual sloth, and bring them to encounter Christ's truth and love through this parish community. I want to thank those generous parishioners who responded to the call to help fund this modest project, and for the work of our parish staff to craft the eye-catching card so many are set to receive. With the mailing arriving sometime this week, there are two things remaining for us to do: first, pray and fast! That those who receive it might be well disposed to the invitation and to respond in the way that would please God best, overcoming whatever obstacles the Enemy might try to erect in their minds or lives. Second: help us prepare to receive them! It will do little good and perhaps some real harm if the invitation has its effect and many work up the courage to darken our doors, only to be made to feel like an outsider, unwelcome, or otherwise leave thinking to themselves, "this is why I never go to church!"

We plan to assemble a hospitality team to serve as greeters at the events to which our neighbors will be invited. If you discern that you have gifts for reaching out to newcomers and making them feel welcomed (but not bothered or put off), consider volunteering to serve on that team. But I would like all of our parishioners, especially those who have been around the longest, to be a part of the culture of outreach and welcome. If you see a new face, walk over and introduce yourself! Welcome him or her to St. Mark's and show interest in this person whom God has sent us. Be open to the voice of the Spirit who may be inviting you to sit at the table of a stranger at the Fish Fry instead of your familiars. Lazarus was raised from the dead by Jesus' prayer to the Father and a word of command. You might do the same for your neighbor by a holy hour well spent and a hand extended to a stranger after an Easter Sunday Mass!

## ONE STRONG FAMILY UNITED IN CHRIST

## Sign Up ASAP for Memories for a Lifetime



**REMEMBER FROM YOUR CHILDHOOD** the summer your family lived in the open Northern Minnesota wilderness?! (*The smell of the pines!*) Did any meal ever taste better than the fare you had then after long days at the lake?! And remember falling asleep to the song of the loons and nights filled with the brightest stars?! Remember praying the rosary by the campfire and wishing it would never end?!

Sadly, you probably don't, because that probably never happened for you. But you can get something of those "*moments filled with eternity.*"

What's more, you can do it with a bunch of Catholic families and form not just stronger bonds with your fellow faithful, but a deeper faith and life with your own family! Plus daily Mass and Confession! *When and where?!*

At **Catholic Family Camp Weekend 2024** (*Aug. 1 - Aug. 4*) at Camp Lebanon (*on Cedar Lake, ~two hours from the Cities*). The camp weekend is a popular, yearly institution; *spots fill up fast!* But this year there's a special drive for St. Mark's families to get the experience! Learn more, and to reserve a spot with a \$150 deposit, visit [stmark.xyz/camp](https://stmark.xyz/camp)

## A logo for the 2024 Lenten Schedule. It features a stylized cross inside a circular wreath of leaves. To the right, the text reads "2024 LENTEN SCHEDULE" in large white letters, with "PRAY FAST GIVE ALMS" in smaller yellow letters below it.

## SOUP SUPPER &amp; SPEAKER SERIES

Fridays at 5:30 PM

"Blessed are the Merciful: Conforming our Hearts to the Heart of the Savior"  
(Note: no Supper Speaker Series on 3/22)

## STATIONS OF THE CROSS

Fridays @ 7:00 PM

## 40 DAYS FOR LIFE PRAYER VIGIL

(Feb. 28 &amp; Mar. 23)

## LENTEN PENANCE SERVICE (Mar. 21)

at Emmaus @ 7:00 PM

## ANNUAL FISH FRY (Mar. 22)

5:00 - 7:00 PM

(Note: no Supper Speaker Series this evening)

## SMALL GROUPS

AMs and PMs

If you're not in a small group yet,  
hit up [stmark.xyz/finder](https://stmark.xyz/finder)

For **more** info on goings-on during Lent,  
please visit

[onestrongfamily.org/lent](https://onestrongfamily.org/lent)



## MASS AND PRAYER INTENTIONS

Mass Intentions for week of MAR 10, 2024

### 7 AM

M: ---  
 T: + Mark Worms  
 W: David Holupchinski  
 Tr: Sr. Metty  
 F: ---  
 S\*: +Marlow McConnon Woeltge & Family

### 10 AM

Living & deceased members of hte Ordahl Family  
 ---  
 Caroline Kilroy  
 + Sam Chaffee  
 ---

## BECOME CATHOLIC

Are you interested in learning more about becoming Catholic? Or do you know someone who is? Our Christian Initiation Ministry provides an introduction to Catholic faith and life for adults who are not baptized, baptized in another faith, or Catholics seeking to receive Eucharist or Confirmation. To find out more, contact [rcia@onestrongfamily.org](mailto:rcia@onestrongfamily.org). Or sign up at [stmark.xyz/cim](http://stmark.xyz/cim)

## THEY WANT YOU!

**JOIN THE ADORATION TEAM!** Contact [adoration@onestrongfamily.org](mailto:adoration@onestrongfamily.org) to join the cause (this is in addition to a committed holy hour, of course) for supporting adoration at the Church of Saint Mark!

## WE ALSO USE EMAIL

**THE BULLETIN IS ONE OF THE MAINSTAYS** for Catholic parish communications, but, alas, it's still a limited medium! As such, we also have a weekly newsletter, which, in addition to helping remind you of goings-on, also features vanguard news from the parish, or items not featured in the bulletin! Subscribe to it!



## ST. MARK'S PRESCHOOL

**ST. MARK'S PRESCHOOL** offers full-day and half-day programs, up to five days a week. **Enrollment for the upcoming school year is open now!** Visit the pre-school website, [onestrongfamily.org/preschool](http://onestrongfamily.org/preschool), or contact Amie Iwaskowiec, our Preschool Director at:

[preschool@onestrongfamily.org](mailto:preschool@onestrongfamily.org)  
 651-644-5030

## ADORATION



**MAKE 2024 YOUR YEAR FOR PRAYER AND EVANGELIZATION;** seek out Jesus and spend time with Him! He loves you SO much.

Many hours only have one scheduled adorer (two is preferable) and regular substitutes are always needed.

Visit [stmark.weadorehim.com](http://stmark.weadorehim.com) to choose your adoration commitment. Questions? Email [adoration@onestrongfamily.org](mailto:adoration@onestrongfamily.org)



Know someone in need of prayers? Email your request to [prayers@onestrongfamily.org](mailto:prayers@onestrongfamily.org) and we'll be sure to pray for you!

## DONATE TO ST. MARK'S

Thank you for your generosity! To donate, visit [onestrongfamily.org/give-help](http://onestrongfamily.org/give-help). For questions, contact [parishcenter@onestrongfamily.org](mailto:parishcenter@onestrongfamily.org)



## OUR MISSION IS TO LIVE AND SHARE CHRIST'S CALL TO HOLINESS

### Spend all the money!

ST. MARK'S CCW WOULD LIKE TO THANK all who participated this past year in making their fundraisers successful – for donations, volunteering and shopping.

They still have two upcoming events this Spring – Gertens Plant Sale and the Spring Rummage Sale.

And they want your help in deciding where the money will be donated! Each year they donate to our parish as well as local, national and international charities. Please submit ideas to the parish center in care of CCW or online at [stmark.xyz/2024-funds](http://stmark.xyz/2024-funds) If it's a parish project be sure to itemize the needs! **Suggestions need to be submitted by March 31<sup>st</sup>!**

Thanks again for helping the CCW help others!

### Buy Plants! Help the parish! (Mar. 25)

**GREEN UP THE PLACE!** And put a bit more “green” in the CCW coffers (and so help contribute to the fundraising (see above))!

The annual CCW Gertens Plant Sale is upon us! Thanks to the wonders of modern tech, you can order in style and comfort from your own home by visiting [gertensfundraising.com](http://gertensfundraising.com) and entering in 269 for the store ID! Pickup will be Saturday, **May 4<sup>th</sup>**, from 9:00 AM - Noon in the small gym/Carolyn Hall!

All orders must be in by **Monday, March 25<sup>th</sup> at 10:00 PM!**

30% of all plants sales and 15% of all plant gift cards sales will be donated to local and national charities.

Any questions contact Eileen at [edmmoore49@gmail.com](mailto:edmmoore49@gmail.com) or 612-483-2973. Order early for best availability. Happy shopping!



### Our next 40 Days for Life Vigil Day (Mar. 23)

**MARCH 23<sup>RD</sup> IS THE NEXT ADOPTED PRAYER VIGIL DAY** St. Mark's is covering, along with Nativity of Our Lord. Hours to be filled are from 7:00 AM to 6:00 PM!

You can sign up for an hour at [stmark.xyz/40days](http://stmark.xyz/40days)

### Women's Workout Nights Continue!

**HERE'S WHAT'S COMING UP NEXT FOR** the Women's Monday Workout Nights (**@ 8:00 PM in the Gym!**)

Questions? Contact Theresa Reinhardt at [teresareinhardt@gmail.com](mailto:teresareinhardt@gmail.com)

- March 25 Rosemarie with Shine Dance Fitness
- April 8 Shannon with dance workout
- April 15 Leah with Pilates
- April 22 Rosemarie with Shine Dance Fitness
- April 29 Lucy with HIIT (high intensity interval workout)

**IGNITE**  
SOUTH WINDSOR OF PROCESSION LANTS

**FAN THE FLAME**

**A TWO-PART WORKSHOP ON THE HOLY SPIRIT AND HIS CHARISMS**

**WHEN: MARCH 9TH AND 16TH  
FROM 3:00-4:30PM  
WHO: MIDDLE SCHOOLERS  
WHERE: ST. MARK'S CAMPUS**

SCAN HERE TO RSVP

**The Church of St. Mark**  
*Our mission is to live  
and share Christ's call to holiness.*  
Learn more: [onestrongfamily.org/mission](http://onestrongfamily.org/mission)

STAFF

Clergy:

Fr. David Hottinger, PES.....Pastor
frdavid@onestrongfamily.org

Fr. Humberto Palomino, PES.....Associate Pastor
frhumberto@onestrongfamily.org

Fr. Patrick Evans, PES.....Associate Pastor
frpatrick@onestrongfamily.org Interim Director of Mission

Parish Staff:

- Randy Lehnen..... Parish Business Manager
Br. José Ignacio Rodriguez.....Master of Ceremonies
Br. Evan Steeves.....Ignite Youth Ministry
Sr. Leann Luecke, PES.....Ignite Youth Ministry
Sr. Maddy Elking, PES.....Faith Formation
& Ignite Youth Ministry
Larry Leif.....Head of Maintenance
Patricia Hartshorn..... Volunteer Liturgy Coordinator
Kristen Grant.....Director of Mission, In Exile
Kathrine Handford.....Director of Music and Organist
Audrey Koval.....Pastoral Associate
Gina Brennan.....Administrative Assistant
Kevin Kearns.....Director of Communications

Parish Contact

2001 Dayton Ave, St. Paul, MN 55104
Phone.....(651) 645-5717
Fax .....(651) 644-0011
Pastoral emergency line.....(651) 354-9411
parishcenter@onestrongfamily.org

Parish Center Hours

Monday - Thursday: 9:00 AM - 3:00 PM
Friday: 9 AM - 12 PM (Noon)

Parish Trustees: Kip Chaffee, Andrew Nowak
Parish Pastoral Council: Colleen Beatty, Chair
Parish Finance Committee: John Wehrly, Chair
Saint Mark’s Catholic Preschool
Amie Iwaszkowiec, Director
651-644-5030
preschool@onestrongfamily.org

CONNECT



CELEBRATIONS

Mass:

Saturday Evening Mass: 5 PM
Sunday Mass: 9 AM and 11 AM

Daily Mass:

Monday-Friday: 10 AM
Tuesday-Friday: 7 AM
Saturday: 8 AM

Confession:

Tuesday-Friday 9:30 AM; Saturday: 3:30-4:30 PM;
Sunday: 8:30-9 AM, 10:30-11 AM

Rosary: The Rosary is prayed after all daily Masses.

SACRAMENTS

Detailed information about Sacraments and Sacramental preparation can be found at onestrongfamily.org/sacraments or by contacting the Parish Center.

BAPTISMS are celebrated on Saturdays between 9:00 AM - 12:00 PM (exceptions for holidays or major parish events). You must register for Baptism at least one month before your desired date. If this is your first child being baptized in the Catholic Church a Baptism preparation class is needed at least two months before the Baptism takes place.

SACRAMENTAL MARRIAGE preparation must begin at least six months prior to your wedding date. Weddings are most often celebrated on Saturdays at 2 PM.

IF YOU KNOW OF A CATHOLIC WHO IS HOMEBOUND and would like to receive weekly Communion or have their confession heard, please contact the Parish Center to learn more about our Homebound Ministry.

RECEIVING THE EUCHARIST: All are welcome to join us in worship at the Church of Saint Mark. Nevertheless, because the Holy Eucharist is the real Body and Blood of Jesus Christ, the reception of Holy Communion is reserved to those Catholics who are in full moral and doctrinal communion with the Catholic Church, are not conscious of any grave unconfessed sin, and who have kept the Eucharistic fast of one hour.

PRO ECCLESIA SANCTA

The Church of Saint Mark is served by the priests, brothers, and sisters of Pro Ecclesia Sancta, which is an institute of consecrated life founded in Lima, Peru in 1992, whose members dedicate themselves to living and promoting the universal call to holiness in the Church. Their motto is ad maximam trinitatis gloriam. Everything “for the greatest glory of the Holy Trinity.”



## REMEMBER THAT YOU ARE DUST AND TO DUST YOU SHALL RETURN

### Fish Fry (Mar. 22)

A GREAT LENTEN SACRIFICE YOU CAN MAKE FOR THE SAKE OF THE COMMUNITY THIS LENT: attend the Fish Fry! You'll have the air of fried fish about you, true, but the experience really is far richer with more people present! Invite your neighbors!

A greater sacrifice: volunteering at the fry! (Really get that fried fish smell in your pores!) And if there aren't volunteers, then we'll really be in trouble! So please, RSVP ASAP! You can do so at [stmark.xyz/fry](https://stmark.xyz/fry)

(An even greater, greater sacrifice: helping clean up on Saturday! Live large! Volunteer!)



### Abria Events!

PLEASE JOIN ABRIA TO CELEBRATE LIFE!

**Life is Wonderful Run/Walk** - An opportunity for all ages to celebrate Mothers everywhere on Mother's Day weekend, Saturday, May 11<sup>th</sup> from 9am-12pm at Lake Harriet. Sign up and learn more today at [supporters.abria.org/run](https://supporters.abria.org/run)

### CAM Men's Retreat Sign Up

THE IMAGE DETAILS BELOW may be very wee, so if you can't quite make it out, the Catholic Advance Movement is having a Men's Retreat next month. If you're not familiar with the movement, men of the parish, do familiarize yourself! What's more: sign up for the retreat ASAP! Learn more at [stmark.xyz/cam-men](https://stmark.xyz/cam-men) and/or [catholicadvancemovement.org](https://catholicadvancemovement.org)

Cost: \$200-\$260 (depending on number of attendees)  
Register: <https://forms.gle/bLWRZdU0CaMv7bJk8>  
Questions: [menstretreats@thecatholicadvance.org](mailto:menstretreats@thecatholicadvance.org)

SPOTS FILL UP QUICKLY, REGISTER HERE  
AND TELL YOUR FRIENDS!



### "Make Your Mark" (by Apr. 19)



**CALLING ALL YOUTH (18 AND UNDER) ARTISANS!** Help foster devotion to St. Mark *and* also help beautify our parish! For the Feast of St. Mark (Apr. 25), the parish is seeking submissions of images of St. Mark made by our parish youth! Any visual medium is acceptable (*except no AI image generators allowed!*) and all skill levels are encouraged to submit! We'll exhibit these during the Feast of St. Mark celebrations at the parish and the standout winner will be on display at the parish for the next year!

#### Criteria for evaluation:

- Accuracy and richness of symbolism
- Beauty & excellence
- Devotional value
- Originality & Creativity

Submissions can be made by 3:00 PM on April 19<sup>th</sup>, either at [submissions@onestrongfamily.org](mailto:submissions@onestrongfamily.org) or drop off at the parish center! (*Over 18? feel free to submit for an honorable mention!*)

### CAM Morning of Recollection (Mar. 16)

ALL ARE INVITED TO THE CATHOLIC ADVANCE MOVEMENT'S\* Morning of Recollection, this Saturday (Mar. 16), at St. Mark's! Following the 8:00 AM Mass, the program will commence in Carolyn Hall and features a light breakfast as well as catechesis for the children! This morning's theme is "Witnessing to Christ within the Family and at Work": apropos for most everyone! **RSVP AT [STMARK.XYZ/CAM-MOR](https://stmark.xyz/cam-mor)**

\* *The Catholic Advance Movement is Pro Ecclesia Sancta's lay movement. While many St. Mark's families belong to the movement, it is not a[n exclusively] St. Mark's group!*