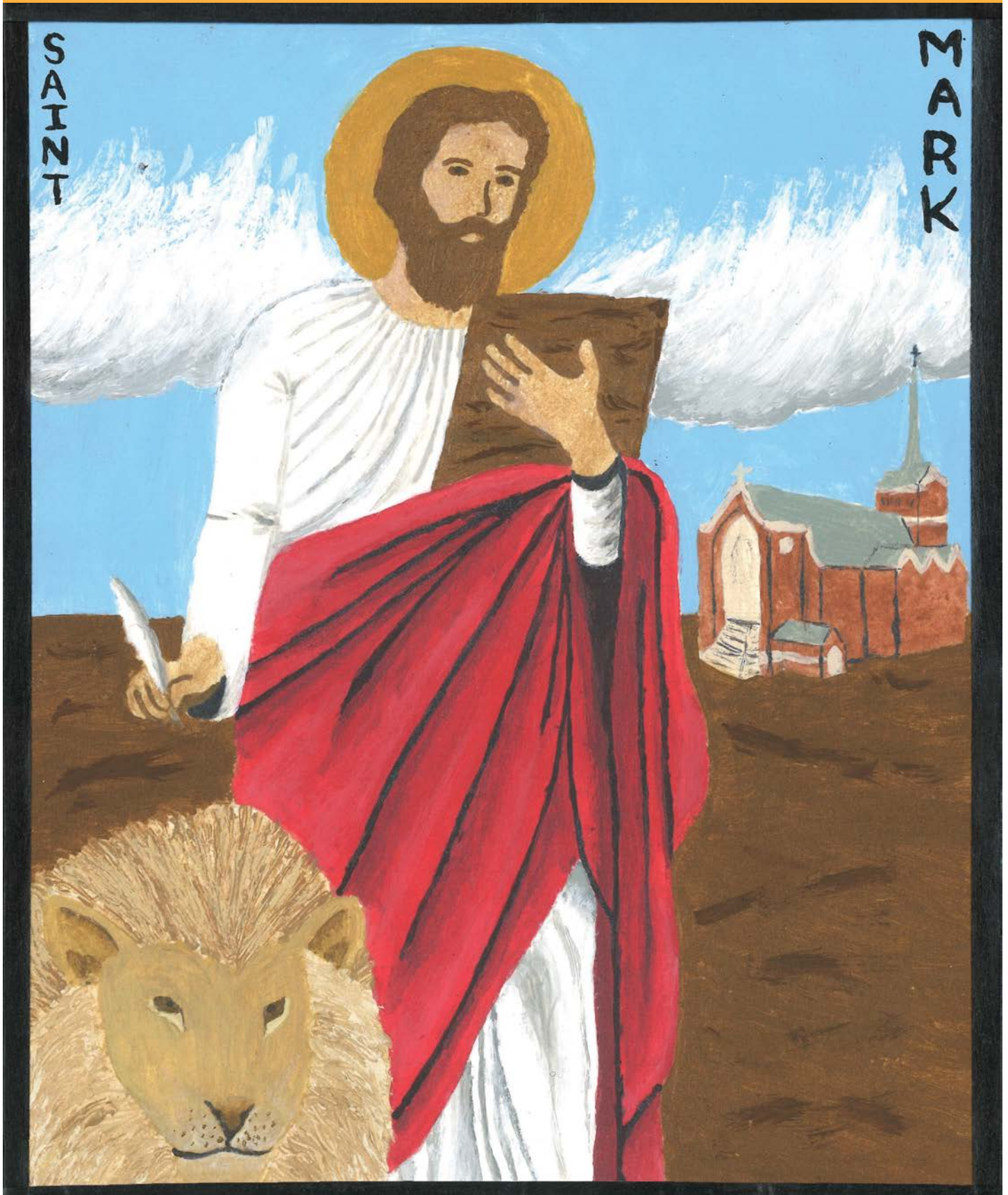


FIFTH SUNDAY OF EASTER | APRIL 28, 2024



THE CHURCH OF SAINT MARK | [www.onestrongfamily.org](http://www.onestrongfamily.org)

## ANNOUNCEMENTS

*St. Mark devotees and art enthusiasts for generations to come will speak of this week's bulletin cover! Note the artist's balanced composition, festive-while-not-overly-ostentatious palette, and masterful integration of the iconographic style with English neogothic architecture. This sampling from the adolescent, acrylic period of Mara Distelzweig was the distinguished first-place winner in our recent "Make Your Mark" art contest.*

**THANKS TO ALL WHO ATTENDED AND MADE POSSIBLE** (specialest mentions to Jim Wilgenbusch and the Parish Pastoral Council) the Feast of Saint Mark Hog Roast! (And all the other St. Mark's celebrations!) *Saint Mark, pray for us!*

**SAVE THE DATE!** One-off individual works of mercy are excellent (*keep doing those!*), but there's a special strength in numbers! What if we got the whole parish together, at the same time, to engage in works of mercy?! We're doing it!: on your calendar, mark off the morning of May 11<sup>th</sup> for the **Mercy Morning! Details are showing up at [stmark.xyz/morning](http://stmark.xyz/morning)!**

**MAY THE 4<sup>TH</sup> BE WITH YOU:** The Middle School Ignite Nerf event has been rescheduled to May 4<sup>th</sup>! *Pssshhen! Vrău, vrău! Kkssshbbb!* (Those were lightsaber sound effects.)

**WOMEN OF THE PARISH!** Do you need a little night out? Is your body aching for a way to stretch, strengthen, and become energized? Then remember what St. Ignatius of Loyola once said "...that bodily exercise, when it is well ordered, as I have said, is also prayer by means of which you can please God our Lord" and join us in the school gym! Nurture your body, mind and soul on Mondays at 8pm with a 45-60 minute workout. All workouts are adaptable to any level of experience so grab your water bottle, bring friend, and we'll see you soon! Find the full shedule for May-Aug at [stmark.xyz/workout](http://stmark.xyz/workout)

**EVEN MORE ADVANTAGEOUS THAN OFFERING MASS FOR THE DECEASED:** offering Masses for the living! It's a pittance to request a Mass and the spiritual benefits conferred are extraordinary, so don't neglect this arrow for your spiritual quiver! Contact the parish center (651-645-5717) to request a Mass!

**THE RESULTS ARE IN:** This year over 25 parish families collected **\$1,115.34** for Catholic Relief Services' Rice Bowl! 75% of these funds will be used by CRS to provide lifesaving support to more than 250 million people around the world, and 25% will come right back to this Archdiocese for hunger and poverty alleviation efforts. Thank you for joining with Catholics across America to give these alms!

**THERE WILL BE A FAMILY ROSARY PROCESSION** (*the Annual Family Rosary Procession*), next Sunday, at 2:00 PM, processing from the Capitol to the Cathedral! Consider bringing the family for a wonderful show of devotion!

## UPCOMING EVENTS

**TUES** *Bible Study | 7:00 - 8:30 PM | Carolyn Hall*

**30** Walk-ins are welcome! We've got a great crowd coming but there's room for more! Don't just learn

**APR** about St. Mark, but kindle those fires of devotion to our patron! Sign up at [stmark.xyz/study](http://stmark.xyz/study)

---

*Parishioner Directory Photo Sessions | Various Times | Lower Church*

**TUES-SAT** Watch out for spinach-in-the-teeth over the next week because the photo sessions for the new  
**30 - 4** directory of parishioners are upon us (*at last!*)! Info is at [stmark.xyz/photo](http://stmark.xyz/photo), **but may we take this**  
**APR - MAY** **passing moment to plead with you to take even one wee slot of serving as a "greeter" at the**  
**photo sessions! It's an invaluable service and we need you!!**

---

**SUN** *May Crowning | Following 9:00 AM Mass | Rectory Garden (or church, pending weather)*

**05** The queen of heaven should have a crown! Breakfast and flowers will be provided by the Mom's

**MAY** Group and CCW, respectively, but feel free to bring your own!

---

But wait, there's more. Find the Parish calendar on our website: [onestrongfamily.org/events](http://onestrongfamily.org/events).





## From the Heart of the Shepherd

Fr. David Hottinger PES, Pastor

### Fifth Sunday of Easter



Last fall there were several councils of the wise at the parish to address the issue of volunteer burnout following the confluence of the parish festival and the Fall Rummage Sale in the space of a fortnight. One thing was clear: our parish was small but active. Compared to other parishes of our size, there is a lot going on! That means that our parishioners are engaged with parish life to an above-average degree. It also means that we need to be judicious in what we asked of the community and when. Next time, we said, would be different! Strategically space our events! Refrain from multiplying new activities and events until we grew our volunteer base!

So, of course, this year we decided to schedule a completely new event, the Feast of St. Mark, on the second day of the Spring Rummage Sale. And that right before the week of Parish Directory Photos and the month of May blossoming of busyness!

All the same, I'm not sorry. Not that it was all my doing. But it would be a shame for our patronal feast day to come and go without a parish agape in his honor. Granted, the concept seemed simpler three months ago ("Hog roast! Easy! Just get meat and heat!"). Turns out gathering and feeding 200 people either requires a miracle of multiplication or a lot of work. But a day after the two-day affair (liturgical feasting on Thursday, corporal feasting Friday), I am filled with gratitude, to God, for blessing our efforts. And to the many already over-committed community members who stepped up to make the dream a reality, despite all the other things on their plate.

I am still committed to exercising pastoral prudence when it comes to new initiatives. Even those which are right and just don't necessarily need to be enacted immediately, or even this year. On the other hand, when something seems to crop up again and again in different groups; when the same suggestion arrives from several directions; when a vision crystalizes and promises to address a present need in a way that generates enthusiasm and excitement... well, these are signs that Spirit may be behind it, encouraging and ripening a work that ought not be postponed simply because people are busy. After all, if we limited ourselves to what human prudence and our

meager resources could guarantee, we'd probably never get around to proclaiming the Gospel.

Such have been my discernment criteria. Despite its buzzword status, I really do think there is something important, even essential, in acting "synodally." Which is to say, acting as a body, walking together, listening to all and deciding on the basis of what the Spirit says to and through the Church.

This is all to warn you that there may be new initiatives in the works. Among the parish staff and at the various council and ministry team meetings, as well as in more informal conversations among parishioners, ideas are discussed and debated, needs are identified and possible solutions proposed. We don't want to fall into the temptation of simply "doing what we do every year" as a parish, as if we had already arrived at the perfection of parish programming, and the community and world around us were in stasis. When a thing is alive, it moves and grows! This parish is alive, thanks be to God, and we must not stifle the Spirit that animates it, even as we strive to discern well His movements.

Here, in no particular order or attempt to be comprehensive, are some ideas that, as pastor, I sense are ripening on the discernment vine: 1) an annual "state of the parish" event in which all adult, registered parishioners gather to hear about exactly that, as well as the "theme", goals, and important events in the coming year; 2) the inauguration of a Campus Master Plan committee to help us develop a long-term vision for how we use and maintain our parish facilities (disclaimer: this is so urgent that I am already taking steps to get it off the ground!); and 3) replacing the floor in our upper church (nave and sanctuary) and developing a plan for the restoration of the lower.

Add to these new initiatives that are already underway, such as the re-envisioning of our parish festival as more of a family picnic, a children's summer camp at the parish which our PES Sisters are developing for this summer, and, like, eight other new irons in the fire! And all of this arises in the context of a parish that is still striving to fulfill the strategic goals for ministry it set almost three years ago now, an Archdiocese that is moving towards Year II of its Synod Implementation, and a national church that is in the midst of Eucharistic revival.

But I promise, that is it (for now).

## ONE STRONG FAMILY UNITED IN CHRIST

### New Parishioner Series



Meet Howie Gerstner! Howie is originally from Green Bay, Wisconsin and came to the Twin Cities in 2020 for undergraduate studies at UST. He started out in Air Force ROTC, and discontinued that program in order to pursue studies in Leadership & Management and Philosophy. He lives in the Saint Mark's neighborhood and will be graduating in May, with hopes to move to a new spot in the neighborhood.

While a full-time student at UST, he also has a part-time internship at Perforce Software Inc. working on their Web Team in development and digital marketing. He also works part-time at Shish Mediterranean on Grand Avenue, where he has learned many life lessons on how to be a better leader.

In his free time he enjoys reading and learning. He says on his LinkedIn that he likes "coffee chats". He says this because building relationships is important to him, especially in his goal of being a good leader. He likes chatting and getting to know people and learning from them. He also enjoys going to a good concert, the performing arts, and good movies.

Howie was introduced to Saint Mark's his freshman year of college when he was an occasional mass goer (but raised devoutly Catholic). Over the next couple of years he strayed from the faith, but found himself lost both in the faith and in life. When he was at a low point, he didn't know what else to do but to go to confession. The grace and guidance he has received in the confessional has been an impetus of pulling him back into the faith and the beautiful life of the Church of Saint Mark. Praise be to God! He was drawn into the orthodox spirituality of Pro Ecclesia Sancta and Saint Mark's, as well as the transformative call to live and share Christ's call to holiness in daily life.

His favorite things about the parish are the Adoration Chapel and the priests of Pro Ecclesia Sancta. He loves how they lead by example, simply by being their authentic selves in Christ. He also loves the Mercy Works ministry and the organ.

This season he is most looking forward to celebrating the joy of the risen Christ and new life in his body! He is also looking forward to graduating and moving into the next chapter of his life. He looks forward to discerning how he can continue to grow in service to the Lord and to others as he moves out of college and into professional life.

### Photos are THIS week!

**YOU PROBABLY ALREADY SIGNED UP FOR A PHOTO SESSION!:** GOOD ON YOU! But for the sake of the *one* person out there who may not have, you can visit [stmark.xyz/photo](https://stmark.xyz/photo) for all the details!

Help may still be needed greeting those getting their photos taken, or signing up that *one* person who hasn't already signed up, so to contribute to this worthwhile endeavor, and to engage in a good deed, consider volunteering for these functions!

**Note the photos will be taken in the lower church!**

JOIN ST. MARK'S AND  
MERCYWORKS FOR

**MERCY  
MORNING**

**MAY 11 | 8 AM - 12:30 PM**

**SCAN THE QR CODE TO  
SIGN UP OR VISIT  
[STMARK.XYZ/MORNING](https://stmark.xyz/morning)**

**PRACTICE THE WORKS OF MERCY** with other members of the St. Mark's family! We'll be visiting Episcopal Homes residents, serving at various shelters, supporting the Abria Fun-Run, packing snack-bags on-site at St. Mark's, and more!

## MASS AND PRAYER INTENTIONS

Mass Intentions for week of APR 28, 2024

### 7 AM

M: ---  
 T: + Aaron Courier  
 W: The Frenzand Family  
 Tr: + Sheldon C. Anderson  
 F: James Smyth  
 S\*: Lauren Groppetti

### 10 AM

Allie Matt  
 + Harrison Deckard  
 Dave & Joanne McLaughlin  
 ---  
 ---

## BECOME CATHOLIC

Are you interested in learning more about becoming Catholic? Or do you know someone who is? Our Christian Initiation Ministry provides an introduction to Catholic faith and life for adults who are not baptized, baptized in another faith, or Catholics seeking to receive Eucharist or Confirmation. To find out more, contact [rcia@onestrongfamily.org](mailto:rcia@onestrongfamily.org). Or sign up at [stmark.xyz/cim](http://stmark.xyz/cim)

## FORMATION OPPORTUNITIES

FORMED is back! Note we'll be cleaning up the back end, so if your old credentials don't get you in, it's "not you, it's us." To access content, visit [Formed.org](http://Formed.org) and click "Sign up as a parishioner" and find St. Mark's via our zip code: 55104

## WE ALSO USE EMAIL

THE BULLETIN IS ONE OF THE MAINSTAYS for Catholic parish communications, but, alas, it's still a limited medium! As such, we also have a weekly newsletter, which, in addition to helping remind you of goings-on, also features vanguard news from the parish, or items not featured in the bulletin! Subscribe to it!



## ST. MARK'S PRESCHOOL

ST. MARK'S PRESCHOOL offers full-day and half-day programs, up to five days a week. **Enrollment for the upcoming school year is open now!** Visit the preschool website, [onestrongfamily.org/preschool](http://onestrongfamily.org/preschool), or contact Amie Iwaskowicz, our Preschool Director at:

[preschool@onestrongfamily.org](mailto:preschool@onestrongfamily.org)

Know someone in need of prayers? Email your request to [prayers@onestrongfamily.org](mailto:prayers@onestrongfamily.org) and we'll be sure to pray for you!

## ADORATION



*"A Holy Hour before the Most Blessed Sacrament so pleases the Heart of Jesus, that every man, woman and child on earth receives a new effect from God's goodness and love, all because of a single hour of adoration in His Presence." (St Maria Faustina Kowalska)*

Our adoration chapel is a beautiful place for quiet contemplation before our Lord, exposed in the Blessed Sacrament. For more information on becoming part of our Adoration community, email [adoration@onestrongfamily.org](mailto:adoration@onestrongfamily.org) or visit [stmark.weadorehim.com](http://stmark.weadorehim.com). Current immediate hours to be filled are posted at [stmark.weadorehim.com](http://stmark.weadorehim.com)



## DONATE TO ST. MARK'S

Thank you for your generosity! To donate, visit [onestrongfamily.org/give-help](http://onestrongfamily.org/give-help). For questions, contact [parishcenter@onestrongfamily.org](mailto:parishcenter@onestrongfamily.org)



The Church of St. Mark  
 Our mission is to live  
 and share Christ's call to holiness.  
 Learn more: [onestrongfamily.org/mission](http://onestrongfamily.org/mission)



OUR MISSION IS TO LIVE AND SHARE CHRIST'S CALL TO HOLINESS

### YA Silent Retreat (May 16 - 19)

SILENCE IS LIFE-CHANGING AND THE YA CROWD (ages 22-35) have a golden opportunity for a 3-day Ignatian retreat led by Fr. Patrick! As with all things finite, spaces are limited! And as life goes on, it's harder to take these kind of retreats!



### Lions for the Unborn

And St. Mark's has a team for the Abria "Life is Wonderful Run/Walk", Mother's Day weekend (Sat., May 11; 9:00 AM - 12:00 PM)! And we have it on good authority you can still participate in St. Mark's Morning of Mercy that day if you attend! And you're encouraged to join that team at: [stmark.xyz/running](http://stmark.xyz/running)  
Not running? Consider donating at [stmark.xyz/0k](http://stmark.xyz/0k)

Ignite Presents  
**NERF: CODENAME MINION**  
For grades 6-8  
**WITH MINION COSTUME CONTEST**  
**Saturday, May 4th**  
12:30-3:00pm  
School Gym  
\$5 Suggested Donation  
RSVP Here!  
You bring the Nerf guns, we'll bring the standard darts!

### More Catholics Confirmed!



CONGRATULATIONS TO THE ST. MARK'S CONFIRMATION CLASS OF 2024! Please continue to pray for Josie, Millie, Margarita, Cinthia, Theo and Patrick! May they guard and nourish the Gifts of the Holy Spirit that they've received as they strive to be Christ's faithful witnesses to the world!

### May Crowning is NEXT Sunday (May 05)!

**MAY CROWNING**  
SUNDAY, MAY 5<sup>th</sup>  
FOLLOWING THE 9 AM MASS  
RECTORY GARDEN (or main church, pending weather)

THE WHOLE PARISH IS INVITED to attend; following the crowning, breakfast will be provided by the Moms' Group, flowers provided by CCW (but feel welcome to bring your own flowers, too)!

STAFF

Clergy:

Fr. David Hottinger, PES.....Pastor  
frdavid@onestrongfamily.org

Fr. Humberto Palomino, PES.....Associate Pastor  
frhumberto@onestrongfamily.org

Fr. Patrick Evans, PES.....Associate Pastor  
frpatrick@onestrongfamily.org Interim Director of Mission

Parish Staff:

Randy Lehnen..... Parish Business Manager  
Br. José Ignacio Rodriguez.....Master of Ceremonies  
Br. Evan Steeves.....Ignite Youth Ministry  
Sr. Leann Luecke, PES.....Ignite Youth Ministry  
Sr. Maddy Elking, PES.....Faith Formation  
& Ignite Youth Ministry  
Larry Leif.....Head of Maintenance  
Patricia Hartshorn..... Volunteer Liturgy Coordinator  
Kristen Grant.....Director of Mission, In Exile  
Kathrine Handford.....Director of Music and Organist  
Audrey Koval.....Pastoral Associate  
Gina Brennan.....Administrative Assistant  
Kevin Gearns.....Director of Communications

Parish Contact

2001 Dayton Ave, St. Paul, MN 55104  
Phone.....(651) 645-5717  
Fax .....(651) 644-0011  
Pastoral emergency line.....(651) 354-9411  
parishcenter@onestrongfamily.org

Parish Center Hours

Monday - Thursday: 9:00 AM - 3:00 PM  
Friday: 9 AM - 12 PM (Noon)

**Parish Trustees:** Kip Chaffee, Andrew Nowak  
**Parish Pastoral Council:** Colleen Beatty, Chair  
**Parish Finance Committee:** John Wehrly, Chair  
**Saint Mark’s Catholic Preschool**  
Amie Iwaszkowicz, Director  
651-644-5030  
preschool@onestrongfamily.org

CONNECT



CELEBRATIONS

Mass:

Saturday Evening Mass: 5 PM  
Sunday Mass: 9 AM and 11 AM

Daily Mass:

Monday-Friday: 10 AM  
Tuesday-Friday: 7 AM  
Saturday: 8 AM

Confession:

Tuesday-Friday 9:30 AM; Saturday: 3:30-4:30 PM;  
Sunday: 8:30-9 AM, 10:30-11 AM

**Rosary:** The Rosary is prayed after all daily Masses.

SACRAMENTS

Detailed information about Sacraments and Sacramental preparation can be found at [onestrongfamily.org/sacraments](http://onestrongfamily.org/sacraments) or by contacting the Parish Center.

**BAPTISMS** are celebrated on Saturdays between 9:00 AM - 12:00 PM (exceptions for holidays or major parish events). You must register for Baptism at least one month before your desired date. If this is your first child being baptized in the Catholic Church a Baptism preparation class is needed at least two months before the Baptism takes place.

**SACRAMENTAL MARRIAGE** preparation must begin at least six months prior to your wedding date. Weddings are most often celebrated on Saturdays at 2 PM.

**IF YOU KNOW OF A CATHOLIC WHO IS HOMEBOUND** and would like to receive weekly Communion or have their confession heard, please contact the Parish Center to learn more about our Homebound Ministry.

**RECEIVING THE EUCHARIST:** All are welcome to join us in worship at the Church of Saint Mark. Nevertheless, because the Holy Eucharist is the real Body and Blood of Jesus Christ, the reception of Holy Communion is reserved to those Catholics who are in full moral and doctrinal communion with the Catholic Church, are not conscious of any grave unconfessed sin, and who have kept the Eucharistic fast of one hour.

PRO ECCLESIA SANCTA



The Church of Saint Mark is served by the priests, brothers, and sisters of Pro Ecclesia Sancta, which is an institute of consecrated life founded in Lima, Peru in 1992, whose members dedicate themselves to living and promoting the universal call to holiness in the Church. Their motto is *ad maximam trinitatis gloriam*. Everything “for the greatest glory of the Holy Trinity.”



HEY, DID YOU SIGN YOUR FAMILY UP FOR A PHOTO SESSION? STMARK.XYZ/PHOTO



Mark your calendars to join our PES family at the events leading to the Solemnity of the Sacred Heart of Jesus during the month of June 2024



### Sacred Heart Seminar

An evening of reflection on the Spirituality of the Sacred Heart

- 🕒 Jun 04, 7:00 PM - 8:30 PM
- 📍 Church of St. Mark (2001 Dayton Ave, St. Paul)



- 🕒 Jun 05, 7:00 PM - 8:30 PM
- 📍 Sacred Heart of Jesus Convent



### Special Holy Hour

In preparation for the Solemnity of the Sacred Heart

- 🕒 Jun 06, 7:00 PM - 8:30 PM
- 📍 Sacred Heart of Jesus Convent



### The Solemnity of the Sacred Heart of Jesus

Mass & Celebration

- 🕒 Jun 07, 6:00 PM
- 📍 Church of St. Mark (2001 Dayton Ave, St. Paul)

[www.sacredheartofjesusconvent.org/ministry#calendar](http://www.sacredheartofjesusconvent.org/ministry#calendar)



**CATHOLIC FAMILY FAVORITE ON STAGE** at Open Window Theatre, April 26 - May 26. *The Lilies of the Field*, a literary and cinematic classic, tells the story of an itinerant African American worker (circa 1950's) who encounters a small group of East German nuns in a parched valley of the American Southwest. What results is an inspiring and heartwarming story of faith, perseverance, improbable miracles, and unlikely friendships. Tickets & more info are available at [openwindowtheatre.org](http://openwindowtheatre.org) or over the phone: 612-615-1515

## Bike Donations Wanted

**HAVE A USED BIKE TO DONATE?** Nativity's Boy Scout Troop 67 will fix them up (if needed) and sell at their Annual Bike Sale Sunday, May 4, 2024 from 9:00am - noon in the Nativity School gym. Donations appreciated now through the first week of May. For drop offs, or pickups, contact [nativitybikesale@gmail.com](mailto:nativitybikesale@gmail.com)

## Rummage Sales Thanks!

**WHILE IT HAS HAPPENED BEFORE THAT** "so many owe even more to so few," nevertheless, pulling off a Rummage Sale on the scale that the CCW pull's off here at St. Mark's is no small feat!

So, thanks to all the volunteers, and special thanks to Eileen Moore, Patti Shrake, Pam and Don Brabeck, Beth Pelzer, John Shrake, John Neville and the various department leads (Mary Quirk, Jill Mraz, Kathy Shrake, Laurie Steigauf, Rosemary Wubben, Karen Shrake, Mary Meyer and Kathy Walsh, Ginny Tierney, Nancy Schons, and Rosie Schmidt!

And note some amazing points from this sale! **It marks the 100<sup>th</sup> sale for Mary Meyer and Rosie Schmidt!** (*You read that right.*) Stay tuned for the revenue totals, but other points of note: there were 50+ volunteers, 10 of whom were first timers, and over 25 volunteers helped with set up and tear down.

## Clocking in with Christ:

### Living and Working as a Catholic Professional

**THURSDAY, MAY 2, 2024**  
7-9PM  
**UNIVERSITY OF ST. THOMAS**  
**IVERSON CENTER FOR FAITH**  
**SHOENECKER HALL-C**

RECEPTION | PANEL DISCUSSION | Q & A

Come learn from a diverse panel of working Catholics who will share their journeys of faith at work, and learn how you can be more intentional on your journey with the Lord in your own life.

MASTER OF CEREMONIES:  
JOE MASEK,  
FREEDOM COACH

MARY SLATTERY,  
MOTHER OF SIX  
& RN, BSN

CONNOR FLANAGAN,  
ARTIST & ENTREPRENEUR

FR. KYLE KOWALCZYK,  
PRIEST & FOUNDER OF  
MISSED THE BOAT THEATER

**FOLLOWING OUR DISCUSSION, THE RP STUDENT AND FACULTY AWARD RECIPIENTS WILL BE ANNOUNCED.**