

Welcome to the St. Mark's family of Eucharistic Adorers. Thank you for responding to the call of Our Lord to spend one hour a week adoring Him in the Blessed Sacrament. Be assured that you bring great joy to the Sacred Heart of Jesus. Please keep this letter for your reference, as it provides you with important information concerning Adoration at St. Mark's.

Plan to arrive a few minutes prior to your hour.

Please sign the logbook.

It is very important that you sign in. We are adorers, but we are also guardians of the Blessed Sacrament. The log book is reviewed to make sure all hours are covered.

Our Lord must never be left alone.

Do not leave the chapel unless the next committed adorer has arrived.

In the event that the committed adorer following you does not arrive and you must leave, please talk to someone on the emergency contact list by the phone. If you are not sure if the person(s) in the chapel are planning on staying for the next hour, please ask them.

Medical and Police Emergencies.

Dial 911, relay the type of emergency and be sure to tell the dispatcher the following:

St. Mark's Church, 2001 Dayton Ave., St. Paul, MN 55104

Enter on Moore street side entrance nearest the alley.

Seek a substitute if you cannot make your hour.

Suggestions:

1. If there is someone scheduled for your hour contact them and make sure he/she will be there to cover the hour. *Don't assume they will be there.* Typically this is all that is required.
2. Exchange your hour with another team member or with any committed adorer.
3. Refer to the substitute list included in your packet.
4. Ask a Catholic friend or Saint Mark's parishioner who is not currently a scheduled adorer to take your hour. Not only does this help you, but it is also a gentle and effective way to evangelize.
5. Post your name and hour on the *I Need A Substitute* list on the sign-in table. Please check to ensure that someone has offered to take your hour.
6. Become familiar with the adorers on the hours before and after you. These are naturals for substitution.
7. If you are unsuccessful in finding a substitute, contact your hourly coordinator or quadrant leader for assistance.

Other points of information:

- Enter the Adoration chapel through the north Moore Ave. door.
- There is a restroom in the basement, down from the chapel.

- Please observe silence in the chapel.
- There is a library of devotional books for your use.
- In the entryway there is a Book of Petitions and Thanksgiving. Please feel free to write your prayer petitions and answered prayers in the book. It is divided into two sections. We urge you to read through this wonderful record of God's great love and mercy.
- There is a phone in the chapel which may be used for adoration matters or any emergency.

In conclusion, God bless you for your generous response to His call to come to spend one hour with Him, truly present in the Blessed Sacrament. Know that He awaits you with eager longing for He tells us, *"My joy, My pleasure, My delight is to be with you."* (Proverbs 8:31)